

Candidate's Name		Assessment Number	
School Name		School Code	
Candidate's Signature		Date	

MONITORING JUNIOR SCHOOL LEARNER PROGRESS

GRADE 8: CREATIVE ARTS AND SPORTS

PAPER 2 (Theory)

CODE: 009 YEAR: 2025

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

- 1) Write your name and assessment number in the spaces provided.
- 2) Read each question carefully before answering.
- 3) Attempt all questions.
- 4) Do not open this paper until you are told to do so.

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SECTION A: MULTIPLE CHOICE (40 Marks)

Qn No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
Score (1 each)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Candidate Score																					
Qn No.	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	
Score (1 each)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Candidate Score																					

SECTION B: STRUCTURED QUESTIONS (60 Marks)

PART 1: PERFORMING ARTS (20 Marks)

Qn No.	41a	41b	41c	42a	42b	42c	43a	43b	43c
Score	3	2	1	4	2	2	3	1	2
Candidate Score									

PART 2: SPORTS (20 Marks)

Qn No.	44a	44b	44c	45a	45b	45c	46a	46b	46c
Score	2	2	2	2	2	2	3	2	1
Candidate Score									





PART 3: VISUAL ARTS (20 Marks)

Qn No.	47a	47b	47c	48a	48b	48c	49a	49b	49c
Score	2	2	1	2	2	1	2	3	1
Candidate Score									

This paper consists of 8 printed pages. Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A: (40 Marks)

Choose the best answer for each question.

1. Which of the following describes the study of appreciating different forms of artistic expression?
A) Financial Literacy
B) Introduction to Creative Arts
C) Agricultural Science
D) Computer Programming
2. What is a fundamental component of all sports and games?
A) Lack of rules
B) Competition and physical activity
C) Only individual participation
D) Excessive spending
3. The regular recurrence of a beat or accent in music is known as:
A) Pitch
B) Melody
C) Rhythm
D) Harmony
4. In athletics, what is the term for races run over specific distances like 400m or 800m?
A) Sprints
B) Long-distance races
C) Middle-distance races
D) Hurdles
5. Which of these is a Western solo instrument that uses a bow to produce sound?
A) Drum
B) Guitar
C) Violin
D) Trumpet
6. What is a common defensive strategy in football?
A) Spreading out widely across the field
B) Pressing opponents and tackling to win the ball
C) Allowing opponents to score freely
D) Ignoring the ball and only fouling
7. Which element of a story involves the sequence of events from beginning to end?
A) Character
B) Setting
C) Plot
D) Theme
8. Kenyan folk songs are often categorized based on their:
A) Pop chart success
B) Origin, purpose, and community they represent
C) Use of electronic instruments
D) Complexity of lyrics only
9. If swimming is included, which swimming style involves lying on your stomach and moving your arms alternately while kicking your legs?
A) Backstroke
B) Breaststroke
C) Freestyle
D) Butterfly
10. What is an important step when analyzing a Creative Arts presentation?
A) Avoiding any personal opinion
B) Providing constructive feedback and identifying strengths and weaknesses
C) Only pointing out flaws
D) Only praising everything regardless of quality
11. Which of these is a principle of visual arts?
A) Volume
B) Texture
C) Balance
D) Form
12. The ability to change direction quickly and efficiently while maintaining control is known as:
A) Stability
B) Strength
C) Agility
D) Flexibility
13. What defines the highness or lowness of a sound in music?
A) Rhythm
B) Pitch
C) Tempo
D) Dynamics
14. Which one of the following represents the eighth rest in musical notation?
A 
B 
C 
D 

15. How many beats are there in each measure for a song written in $2/4$ time signature?

- A) One
- B) Two
- C) Three
- D) Four

16. A handball player was observed executing a skill shown below.



What is the act of moving the ball by repeatedly bouncing it while running in handball?

- A) Passing
- B) Shooting
- C) Dribbling
- D) Tackling

17. When creating card designs, what can be used to add a decorative border or frame?

- A) Using only plain white paper
- B) Incorporating repetitive patterns or lines
- C) Avoiding any visual elements
- D) Leaving large blank spaces

18. Which aspect is crucial for a goalkeeper in football?

- A) Being able to score goals from long distance
- B) Excellent hand-eye coordination and shot-stopping ability
- C) Running the most during the game
- D) Directing the team's attack

19. Which pass in football is typically used for short, accurate transfers to a nearby teammate?

- A) Long aerial pass
- B) Through ball
- C) Short ground pass
- D) Overhead kick

20. What is the fundamental rule about a player's hands when playing football (excluding the goalkeeper and throw-ins)?

- A) They can handle the ball freely anywhere on the pitch.
- B) They are not permitted to intentionally touch the ball with their hands or arms.
- C) They can catch the ball when it is kicked towards them.
- D) They can pick up the ball to pass it.

21. Which storytelling technique involves using different voices for different characters?

- A) Monotone delivery
- B) Vocal variety and character voices
- C) Whispering throughout
- D) Reading silently

22. Why is it important to present a story clearly and engagingly?

- A) To confuse the audience
- B) To ensure the message is understood and remembered
- C) To make the story shorter
- D) To avoid eye contact

23. Which item is essential for safety when learning to swim?

- A) Heavy clothing
- B) A diving mask
- C) A floatation device
- D) Running shoes

24. What are "adornments" in the context of costume decoration?

- A) Plain fabrics used as a base
- B) Decorative items or embellishments added to enhance appearance
- C) Tools used for sewing
- D) Methods of washing costumes

25. Which class of folk songs in Kenya often accompanies communal work like harvesting or grinding?

- A) Lullabies
- B) Work songs
- C) Ritual songs
- D) Love songs

26. What is a "center pass" in netball?

- A) A pass from the goal line
- B) A method to restart play after a goal is scored
- C) A pass from outside the playing area
- D) A pass made by a defender

27. Which family of Western instruments does the descant recorder belong to?

- A) Brass
- B) Percussion
- C) Woodwind
- D) String

28. When playing a descant recorder, what happens if you cover the finger holes incorrectly?

- A) The sound will be louder.
- B) The instrument will produce a clear, correct note.
- C) The sound will be airy, squeaky, or incorrect.
- D) The instrument will not make any sound at all.

29. In volleyball, what is the 'jump serve'?
- Serving the ball while sitting down.
 - A serve where the player jumps and hits the ball from a higher point.
 - A serve where the ball is bounced before hitting.
 - Serving the ball underhand from a standing position.
30. What is the purpose of writing a play?
- To create a silent film script
 - To provide a blueprint for a theatrical performance
 - To compose a musical score
 - To write a personal diary
31. Which of the following defines the sense of movement or direction in a visual artwork?
- Texture
 - Form
 - Line
 - Value
32. Which of the following is an element of music?
- Texture
 - Character
 - Melody
 - Costume
33. What does repetition of notes refer to in music?
- Playing completely new notes constantly.
 - Playing the same note multiple times in a sequence.
 - Playing notes in a very fast tempo.
 - Playing only high notes.
34. If a composer wants a piece of music to have three crotchet beats per bar, which time signature would they likely use?
- 2/4
 - 4/4
 - 3/4
 - 6/8
35. Which athletic event primarily measures an athlete's ability to throw a heavy spherical object?
- Javelin
 - Discus
 - Shot Put
 - Long Jump
36. Which quality makes a melody easy to remember and sing along to?
- Being very complicated and dissonant.
 - Having a clear, pleasing contour and simple progression.
 - Using only one note repeatedly.
 - Changing key every beat.
37. What are "variations of notes" in music?
- Changing the instrument used.
 - Altering a musical idea while retaining some of its original characteristics.
 - Playing notes only in a very high register.
 - Playing only single notes without accompaniment.
38. What does dribbling allow a player to do in football?
- Pass the ball to a teammate from a distance.
 - Maintain possession and move the ball while running.
 - Defend the goal.
 - Take a shot at the goal without moving.
39. What is a "photomontage" in visual arts?
- A type of painting with watercolor.
 - A single photograph that captures a scenic view.
 - A composite picture made by combining several photographs or photographic fragments.
 - A drawing made by tracing an image.
40. What is a key role of Creative Arts in promoting cultural identity?
- Isolating communities from each other.
 - Preserving and expressing unique traditions, beliefs, and history.
 - Replacing traditional practices with modern ones.
 - Promoting only foreign cultures.

SECTION B: STRUCTURED QUESTIONS (60 Marks)

Answer all questions in the spaces provided.

PART 1: PERFORMING ARTS (20 Marks)

41. The school drama club is planning a short play for the end-of-year concert. The director emphasizes the importance of good character development and clear plot.
- List three (3) essential elements of a play that the drama club should focus on. (3 Marks)
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b) Explain what elements of dance refer to in a performance and give one example. (2 Marks)

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c) If the play incorporates a Kenyan folk dance, identify one role of Kenyan folk dance in the community. (1 Mark)

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42. Lucy is learning about composing rhythm and melody. She is challenged to create a four-bar rhythmic pattern in 3/4 time signature and then compose a four-bar melody in G Major.

a) Draw a four-bar rhythmic pattern in 3/4 time using a combination of minims, crotchets, and quavers. (You can represent minims as 'half note symbol', crotchets as 'quarter note symbol', and quavers as 'eighth note symbol'). (4 Marks)

b) Describe two (2) methods Lucy could use to vary her melody once she has composed it. (2 Marks)

- i.
- ii.

c) Name two (2) solo instruments from the Western tradition that could effectively perform Lucy's G Major melody. (2 Marks)

- i.
- ii.

43. During a music lesson, students are introduced to the descant recorder and its unique French rhythms.

a) List three (3) techniques to achieve a good tone when playing a descant recorder. (3 Marks)

- i.
- ii.
- iii.

b) Explain what French rhythms generally refer to in the context of early music, especially for instruments like the recorder. (1 Mark)

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c) Why is proper breathing and breath control essential when playing any wind instrument like the recorder? (2 Marks)

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PART 2: SPORTS (20 Marks)

44. The school basketball team is practicing passes and dribbling for their upcoming tournament. Coach Jane emphasizes that good coordination, agility, and strength are vital for success.

a) Name two (2) types of passes commonly used in handball. (2 Marks)

i.

ii.

b) Explain how coordination is applied when a player is dribbling the ball down the court in basketball or handball. (2 Marks)

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c) Why is strength important for a player who needs to make powerful shots in handball or football? (2 Marks)

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45. During athletics practice, students are preparing for middle-distance races and the javelin throw. The coach focuses on developing their physical fitness components.

a) List three (3) items an athlete would need to properly participate in a javelin throwing event. (3 Marks)

i.

ii.

iii.

b) Identify two (2) key physical fitness components essential for middle-distance runners. (2 Marks)

i.

ii.

c) Briefly describe one technique for preparing to throw a javelin. (1 Mark)

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46. The school volleyball team is working on their serving techniques, specifically the overarm and jump serves. They also discuss the rules for passing and setting.

a) Describe the difference between an overarm serve and a jump serve in volleyball. (2 Marks)

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b) What is the purpose of the set in volleyball, and why is it important in building an attack? (2 Marks)

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c) Name two (2) basic rules that apply to passing the ball in volleyball. (2 Marks)

i.

ii.

PART 3: VISUAL ARTS (20 Marks)

47. Mary is assigned a project to create a visual art piece that tells a story. She considers using various elements and principles of visual arts to convey her message.

a) Name two (2) elements of visual arts that Mary could use in her artwork to create visual interest. (2 Marks)

i.

ii.

b) Explain how the principle of emphasis can be used in a visual artwork to draw the viewer's attention to a particular part of the story. (2 Marks)

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c) If Mary decides to create a flipbook to tell her story, briefly explain what a flipbook is. (1 Mark)

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48. The art class is learning about creating unique visual compositions, specifically focusing on collages and photomontages. They are also discussing how to decorate costumes for a school play.

a) Distinguish between a collage and a photomontage in visual arts. (2 Marks)

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b) When decorating costumes for a play, why is it important to consider the adornments used? (2 Marks)

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c) Give one example of how a repetition of patterns a principle of visual arts can be used effectively on a costume. (1 Mark)

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49. David is tasked with creating a card design for a school event. He wants his design to be visually appealing and convey the event's theme effectively.

a) List three (3) qualities of a good card design. (3 Marks)

- i.
- ii.
- iii.

b) How does the element of color contribute to the overall mood or message of a card design? (2 Marks)

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c) Describe one technique David could use to create a sense of balance in his card design. (1 Mark)

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