



MOI HIGH SCHOOL
KABARAK



Kenya Certificate of Secondary Education

441/3

Paper 3

HOMESCIENCE - (Practical)

**POST MOCK,
2024**

T3 – Time 1 $\frac{3}{4}$ hours

Name Adm Number.....

Candidate's Signature Date/...../.....

INSTRUCTIONS TO STUDENTS

- a) Read the test carefully.
- b) Write your name and index number on every sheet of paper used.
- c) Textbooks and recipes may be used during the planning session as reference materials.
- d) You will be expected to keep to your order of work during the practical session.
- e) You are only allowed to take away your reference materials at the end of the planning session.
- f) You are not allowed to bring additional notes to the practical session.



T4HSC2024



21123456789

TURN OVER

THE TEST

You are taking care of your seventy years old grandmother who is recuperating at home. Using the ingredients listed below, prepare, cook and serve a suitable two course meal for the two of you.

Ingredients:

- Rice/irish potatoes
- Minced meat/liver
- Onions
- Tomatoes
- Carrots
- Salt
- Oil/fat
- Leafy vegetables in season
- Dhania
- Bread

Planning session: 30 minutes

For each task below, use separate sheets of paper and make duplicate copies using carbon paper. Then proceed as follows:

1. Identify the dishes and write the recipes.
2. Write your order of work.
3. Make a list of the foodstuff and equipment you will require.